

<u>Subject Area</u>	<u>Title</u>	<u>Aims</u>	<u>Learning outcomes</u>	<u>Assessment</u>
9	Ethical and Professional Practice (2)	This subject area aims to expand on the learning gained in Ethical and professional practice (1) to ensure that counselling practitioners have a sound working knowledge of the ethical, professional and legal frameworks that are relevant to young people, and that they are practising competently with issues of confidentiality, consent and capacity.	Demonstrate a working knowledge of the relevant professional and ethical principles that apply to the counsellors practice and the context of the counselling work (e.g. BACP's Ethical Framework for the Counselling Professions)	Case Study
			Demonstrate the ability to draw on knowledge of local and national policies in relation to confidentiality and consent, child protection and data protection	Case Study
			Demonstrate the ability to practise competently with issues of consent, confidentiality and information sharing	Case Study
			Demonstrate a working knowledge of the relevant legislation and policies that apply to the settings in which counselling is taking place	Case Study
			Demonstrate the ability to work through and resolve, ethical and professional conflicts	Case Study
			Demonstrate anti-oppressive and anti-discriminatory practice	Case Study
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experiences of, and responses to, ethical and professional practice with young people	Case Study

10	Child Protection and Safeguarding (2)	This subject area aims to expand on the learning gained in Child protection and safeguarding (1) to ensure that counselling practitioners are competent in recognising and responding to concerns about child protection in their practise. It aims to enable counselling practitioners to apply in-depth knowledge of child and family development and transitions, consent and confidentiality, legal issues relevant to child and family work, interagency working and engaging with families and young people.	Demonstrate the ability to contribute to an holistic assessment of the young person's and family's needs	Discussion activity
			Identify and critically evaluate the way in which neglect and abuse present, including the signs of, and parental behaviours associated with abuse and neglect	Discussion activity
			Demonstrate an understanding of the risk factors for, and protective factors against, abuse and/or neglect	Discussion activity
			Identify child protection concerns and evaluate responses where a need for child protection has been identified	Essay
			Demonstrate the ability to contribute to a child protection plan, implement protective interventions, and record and report accordingly	Discussion activity
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experiences of, and responses to, child protection and safeguarding issues and responsibilities	Essay Discussion activity
			Demonstrate ethical and professional competence in relation to this subject area	Essay

11	Child and Adolescent Development and Transitions (2)	The aim of this subject area is to enable counselling practitioners to consolidate and apply previous knowledge gained on theories of development to their work with young people. In addition, the subject area aims to give counselling practitioners further understanding of family development and the interaction between the external environment and child and adolescent development.	Demonstrate the ability to apply knowledge of child and adolescent development in practice	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to draw on knowledge of attachment theory and the interaction between care environment and child and adolescent development in practice	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to draw on knowledge of parent/carer influence and the interaction between the care environment and child and adolescent development in practice	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to draw on knowledge of play and its relevance to the care environment and child and adolescent development in practice	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to draw on knowledge about family development in practice	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to apply knowledge of the interaction between the external environment and child and adolescent development in practice	Presentation or Discussion based on reading / viewing

			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experiences of, and responses to, theories of child and adolescent development and transitions	Presentation or Discussion based on reading / viewing
			Demonstrate ethical and professional competence in relation to this subject area	Presentation or Discussion based on reading / viewing
12	The Theory and Principles of the Counselling Approach	The aim of this subject area is for counsellors to develop their working knowledge of the theory and principles that underpin their counselling approach within the context of counselling Young People. Therefore, this subject area aims to ensure that the counsellor works within a coherent framework of theory and skills for counselling practice with 11 - 18 year old clients.	Demonstrate the ability to draw on knowledge of the underpinning philosophy and principles that inform the counselling approach	Essay
			Demonstrate the ability to draw on knowledge of theories of human growth and development and the capacity for psychological wellbeing	Case Study
			Demonstrate the ability to draw on knowledge of the conditions for, and goals of, counselling change	Essay
			Demonstrate the ability to apply knowledge of the processes by which counselling may help young people experience greater psychological wellbeing	Case Study
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own responses to the theory and principles underpinning the counselling approach	Case Study

			Demonstrate ethical and professional competence in relation to this subject area	Case Study
13	Therapeutic Relationships with Young People	The aim of this subject is to enable counselling practitioners to develop and apply existing knowledge of, and competence in working in therapeutic relationships to their practice with young people. The subject area provides the counselling practitioner with opportunities to demonstrate their ability to initiate, maintain, develop and conclude therapeutic relationships, develop therapeutic contracts and agree therapeutic goals with young people.	Explain a rationale for the underpinning approach to therapy with YP clients	Essay
			Establish and agree a therapeutic focus/goals with YP clients	Case Study
			Develop a contract for therapeutic work with YP clients	Case Study
			Demonstrate the ability to experience and communicate empathy and an accepting attitude to YP clients	Essay Supervision report
			Maintain authenticity in the counselling relationship with YP clients	Essay Supervision report
			Demonstrate the ability to conclude the counselling relationship with YP clients	Case Study
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of therapeutic relationships with YP clients	Case Study
			Demonstrate ethical and professional competence in relation to the content of this subject area	Case Study

14	Communication With Young People (2)	This subject area revisits some of the material covered in Communication with Young People (1) in the Introduction to Counselling Young People. The aim of this subject area is to enable the counselling practitioner to apply and develop the knowledge and understanding previously gained in their practice with clients of differing ages, developmental levels and backgrounds.	Explain the ways in which the young person's stage of development can affect their understanding of counselling work	Case Study
			Demonstrate the ability to engage with the young person's perspective	Case Study
			Demonstrate the ability to effectively use developmentally appropriate activities and adjust language according to the client's age and developmental level	Case Study
			Demonstrate competence in enabling the young person to verbally express themselves	Case Study
			Demonstrate the ability to engage a young person when the parent or carer is present	
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of communicating with young people	Case Study
			Demonstrate ethical and professional competence in relation to the content of this subject area	Case Study

15	Working With Young People's Emotions	The aim of this subject area is for the counselling practitioner to be competent at enabling young people to process and manage their emotions, by helping them to articulate and reflect on their emotions and develop new understandings. The subject area also pays attention to the management of strong emotions to enable reflexivity of the young person's emotional expression. In addition, the subject area seeks to enable the counselling practitioner to help the young person make sense of experiences that are confusing and distressing to them.	Demonstrate the ability to help the young person to access, express and articulate emotions	Case Study
		A further aspect of this subject area is to provide opportunities for the counselling practitioner to develop their aptitude in the use of creative methods and resources, including the use of Life Story, if appropriate.	Demonstrate the ability to help the young person reflect on their emotions, to elicit emotions that facilitate change, and to help the young person reflect on their emotional expression and develop new understandings.	Case Study
			Demonstrate the ability to help the young person make sense of experiences that are confusing and distressing.	Case Study
			Demonstrate the ability to manage strong emotions which interfere with effective change	Case Study
			Demonstrate the ability to use creative methods and resources to help the young person express, reflect upon and make sense of their experiences	Case Study
			Demonstrate the ability of use Life Story and to understand when this is and is not appropriate	
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of working with young people's emotions	Case Study

			Demonstrate ethical and professional competence in relation to the content of this subject area	Case Study
16	Endings	The aim of this subject area is for the counselling practitioner to gain competence in concluding therapeutic relationships with young people, appropriately end contact with the counselling service and make onward referrals when required.	Demonstrate the ability to conclude the therapeutic relationship	Case Study
			Demonstrate the ability to work with planned endings	Case Study
			Demonstrate the ability to work with premature or unplanned endings	Case Study
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experiences of endings in counselling with young people	Case Study
			Demonstrate ethical and professional competence in relation to the content of this subject area	Case Study
17	Risk Assessments (2)	The aim of this subject area is for the counselling practitioner to apply knowledge and develop competence in carrying out risk assessments and developing risk management plans when required.	Demonstrate the ability to apply knowledge of current policies and legislation when carrying out risk assessments	Supervision Report
			Critically appraise different types of risk and conduct and manage a risk assessment	Supervision Report
			Demonstrate awareness of own limitations and the ability to consult with other professionals when assessing and managing risk	Supervision Report

			Demonstrate the ability to develop a risk management plan with a young person	Supervision Report
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of undertaking risk assessments	Supervision Report
			Demonstrate ethical and professional competence in relation to the content of this subject area	Supervision Report
18	Collaborative Assessments	This subject area aims to develop the counselling practitioner's understanding of the assessment process, and their competence in conducting collaborative assessments with young people.	Demonstrate the ability to engage the client in the assessment process and adapt the assessment to the capacities of the young person	Case Study
			Demonstrate the ability to undertake a generic assessment and engage the young person in the process	Case Study
			Demonstrate the ability to develop a collaborative understanding of the young person's life story, social and cultural context	Case Study
			Demonstrate the ability to make use of tools and measures during the assessment process	Presentation or discussion based on reading/viewing
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of the assessment process	Case Study
			Demonstrate ethical and professional competence in relation to the content of this subject area	Case Study

19	Using Measures and Monitoring Outcomes	The aim of this subject area is for the counselling practitioner to be able to feel confident in the administration and use of measures commonly used in counselling young people, to understand why the measures are used and how they are applied in practice.	Demonstrate the ability to administer commonly used measures when counselling young people	Presentation or Discussion based on reading / viewing
			Explain the specific aims of commonly used measures, including what the measure is designed to detect or measure	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to select and use outcome measures and provide a rationale for the choice of outcome measure	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to integrate the use of 'diary recordings' into practice and evaluate their effectiveness	
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of using measures and outcome measures	Presentation or Discussion based on reading / viewing
			Demonstrate ethical and professional competence in relation to the content of this subject area	Presentation or Discussion based on reading / viewing

20	Working with Cultural Diversity	The aim of this subject area is for the counselling practitioner to recognise and develop their capacity to value diversity, understand ways in which young people and families/carers may experience specific beliefs, practices and lifestyles and within this, be able to consider the relevance of the therapeutic work being offered. In addition, this subject area aims to enable practitioners to be aware of, and challenge if appropriate, stigmatising and discriminatory attitudes and behaviours in themselves and others.	Explain the significance of specific beliefs, practices and lifestyles for counselling young people	Presentation or Discussion based on reading / viewing
			Critically evaluate the social and cultural factors that may impact on access to the counselling service	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to communicate respect and valuing of young people and their families/carers	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to use appropriate communication and the ability to adapt interventions and assessment procedures accordingly	Presentation or Discussion based on reading / viewing
			Critically evaluate the effects of the practitioner's own background on the ability to identify and challenge inequality	Presentation or Discussion based on reading / viewing
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of, and responses to, working with cultural diversity	Presentation or Discussion based on reading / viewing

			Demonstrate ethical and professional competence in relation to the content of this subject area	Presentation or Discussion based on reading / viewing
21	Mental Health, Pharmacology and Young People	The aim of this subject is to build on the counselling practitioner's working knowledge of mental health difficulties and their presentations in young people. The subject area also aims to develop awareness of the risks and benefits of pharmacology within the interaction between the young person's mental health and their environment.	Demonstrate the ability to draw on knowledge of mental health problems and their presentations in young people within their YP counselling practice	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to draw on knowledge of pharmacology within their YP counselling practice	Presentation or Discussion based on reading / viewing
			Demonstrate the ability to apply knowledge of the ways in which a young person's environment interacts with their mental health problems and vice versa	Presentation or Discussion based on reading / viewing
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of, and responses to, working with mental health issues with young people	Presentation or Discussion based on reading / viewing
			Demonstrate ethical and professional competence in relation to the content of this subject area	Presentation or Discussion based on reading / viewing

22	Engagement with Young People, Parents and Carers	The aim of this subject area is for the counselling practitioner to gain an awareness of the importance of being able to engage with a young person and where appropriate, with their parents and/or carers before an appointment through dialogue and information. In addition, this subject area aims to enable the counselling practitioner to understand the importance of engaging the young person, parents and carers through age and developmentally appropriate language.	Demonstrate the ability to engage family members, and work in partnership with them and the young person	Case study
			Demonstrate competence in communicating with young people and other family members	Case study
			Demonstrate competence in developing a positive alliance	Case study
			Demonstrate the ability to respond to humour and play	Case study
			Demonstrate the ability to promote understanding about the service and interventions on offer and engage service users in participation	Case study
			Demonstrate the ability to manage challenges to engagement	Case study
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of, and responses to, engaging with young people and their parents/carers	Case study
			Demonstrate ethical and professional competence in relation to the content of this subject area	Case study

23	Working Within and Across Agencies	Drawing on knowledge gained in Child Protection and Safeguarding (1 and 2), this subject area aims to ensure that counselling practitioners are able to work effectively within and across agencies, particularly with regard to responding to safeguarding issues and confidentiality and consent.	Explain the rationale for inter-agency working, the responsibilities of other professionals and agencies	Supervision Report
			Demonstrate a working knowledge of interagency procedures, local policies and relevant legislation	Supervision Report
			Demonstrate the ability to communicate with other agencies and professionals, including coordinating work and information sharing	Supervision Report
			Recognise, critically appraise and manage appropriately, the challenges of interagency working	Supervision Report
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of, and responses to, interagency working	Supervision Report
			Demonstrate ethical and professional competence in relation to the content of this subject area	Supervision Report
24	Working in a School Setting	The aim of this subject area is to offer participants an in-depth understanding of effective partnership working within a school system in order to provide a non-stigmatising and accessible form of early intervention for psychological difficulties	Demonstrate an in depth understanding of school systems to ensure effective partnership working	Supervision Report
			Demonstrate the ability to effectively communicate across the school context	Supervision Report

			Demonstrate the ability to work collaboratively across the school context	Supervision Report
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of, and responses to, working in a school setting	Supervision Report
			Demonstrate ethical and professional competence in relation to the content of this subject area	Supervision Report
25	Working in a Voluntary / Community Sector Setting	The aim of this subject area is to provide counselling practitioners with the knowledge and skills required to work effectively within a voluntary and community ('third') sector counselling setting	Demonstrate an understanding of organisational structure, operational context and scope of work	Supervision Report
			Demonstrate the ability to implement organisational policies and procedures	Supervision Report
			Demonstrate the capacity to work collaboratively with colleagues within the organisation	Supervision Report
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own experience of, and responses to, working within in a voluntary/community sector setting	Supervision Report
			Demonstrate ethical and professional competence in relation to the content of this subject area	Supervision Report

26	Holding the Overall Perspective	This subject area pulls together all of the content covered within the course with the aim of highlighting the importance of holding an overall perspective whilst concentrating on working with the finer details of the young person's situation and experience. The intention here is to enable the counselling practitioner to hold on to the wider context of their work and develop their competence in working relationally with young people	Demonstrate the ability to work with the whole person	Case Study
			Demonstrate the capacity to balance therapeutic tasks	Case Study
			Demonstrate competence in working with complex relational issues	Case Study supervision report
			Demonstrate the ability to work within the organisational context	Supervision report
			Demonstrate self-awareness and the ability to reflect upon and critically evaluate the integration of own experience into the therapeutic relationship, and any impact on the client	Case Study
			Demonstrate ethical and professional competence in relation to the content of this subject area	Case Study

27	Supervision	It is a requirement for course participants to engage in regular supervision to support their developing practice with young people. The aim of this subject area is to offer greater awareness about the purpose of supervision (i.e. to protect the client, support the counselling practitioner and facilitate their professional development), and to develop the counselling practitioner's use of supervision.	Demonstrate the ability to work collaboratively with the supervisor	Supervision Report
			Demonstrate the capacity to use supervision for in-depth, critical self-appraisal and self-reflection	Supervision Report
			Demonstrate the ability to engage constructively in active learning during supervision sessions	Supervision Report
			Demonstrate the capacity to reflect on the quality of supervision	Supervision Report
			Demonstrate the ability to use supervision for both personal and professional development	Supervision Report
			Demonstrate the ability to reflect upon and critically appraise own practice and personal and professional development in supervision	Supervision Report
			Demonstrate self-awareness and the ability to reflect upon and critically appraise own contribution to the supervision relationship and process	Supervision Report
			Demonstrate the ability to use supervision for developing ethical and professional awareness and competence	Supervision Report